



Cambridge Assessment  
International Education

Cambridge International School

*Rundle*

# REVELATIONS

SEPTEMBER 2021

PROGRESSIVE EDUCATION; EXTRAORDINARY PEOPLE

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SEIZE  
THE  
DAY

PROGRESSIVE EDUCATION; EXTRAORDINARY PEOPLE



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# PRINCIPAL'S PERSPECTIVE

S E P T E M B E R   N E W S

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It is amazing to think that the start of the last term is already upon us. Not only is it the final term of the year, but it is also the most important, as it culminates with the end of year assessments and ultimate reports, which allow a student to progress through to their next stage of education.

Assessments can trigger stress. I often write about stress and ways in which students and parents can deal with it. One of the most important ways to deal with stress is to take care of yourself. It is not only eating healthy, but also getting the right amount of sleep, that reduces stress. Often students tend to cram in study sessions just before exams which can lead to stress and ultimately poor performance in the assessment. The time to start planning for the assessment is now! Do not leave it to the last minute and try squeeze in an all-night study session just before the exam.

We have had a busy term 3, with many events filling the last few days before the start of the short break. The matrices celebrated their Farewell at The Wilderness Hotel and dressed up for the occasion. I was pleased that the event could continue despite the lockdown level. The seniors were given an opportunity to attend Spring School. This is an exam preparation session whereby students get an opportunity to test their skills one last time in an exam-structured session. I was pleased to see so many students taking advantage of this opportunity.

External Cambridge exams for the seniors start early in October and students will soon be testing their ability to perform under strict examination conditions. Many of our senior students have submitted applications to universities and colleges, both local and abroad, and we are excited to see the outcome of these results. We are optimistic that, once again, Rundle College will celebrate huge successes and we look forward to seeing them prosper in the next phase of their education.

DR STUART COLESKY

# Progressive Education;

 Cambridge Assessment  
International Education  
Cambridge International School

## Extraordinary people

### AN UPDATE FROM THE USA ON FORMER STUDENT HAYDEN GARCIA

After being awarded a golf scholarship to attend University in the USA, Hayden has been in the United States for 4 years now. From an academic perspective, Hayden is in his final year at Virginia Union University in Virginia. He is studying a BSc in Biology. He currently has a 3.93 GPA (Grade Point Average) which equates to an A Grade or an average percentage of 90 to 92%. He continues to play for the golf team at Virginia Union University. This last season was a good one for Hayden. He enjoyed a few top 5 finishes and he was nominated and made the D-II PING all region team. The new golf season starts in September and Hayden is hopeful that his team will have a shot at winning the Nationals.



### TOP 10 RESULT FOR MATTHEW BRAMFORD

Rundle College golfer Matthew Bramford finished T7th in the Friends of Engelberg Championship hosted by Anna tournament. A level par final round in the tournament, played in Stellenbosch, secured Matthew a top 10 result in the junior event. Congratulations, Matthew!

### SPREADING SOME JOY

At the end of last term the students made toys out of recycled items for Nompomelelo Crèche. The money raised by the Rundle Interact Committee members at the Rundle Run on 12 June in honour of the crèche was used to buy some craft materials for the students to use. It was an extremely successful day and the students thoroughly enjoyed making the toys and letting their creative minds run wild. Thank you to all the parents for their collection of recycled goods which was sent to school. The Interact Club had an enormous amount of goods with which to work.

### SYLKEN NOVEMBER WINS MOSSEL BAY OPEN LADIES DIVISION!

Congratulations to Sylken November who enjoyed a good tournament, shooting six over par 78, to walk away as the Ladies Champion in the Mossel Bay Open - Ladies Division. This was an Order of Merit event. Good golf, Sylken!





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# PREPARATORY NEWS

SHARON PUTTICK

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During the last week of the third school term the teachers, staff and students all returned to school after enduring a 10-day break due to COVID-19 cases. Thank you to all the parents for your understanding during these trying times. I do feel we did the right thing in closing the school for the safety of all involved.

For the past year and three-quarters, Mrs Hester La Grange has had a class of three grades, which has been a huge challenge for her. Teaching three different grades of energy-filled students, who all want her attention all day has been a momentous task for her. She has done an absolutely amazing job and I can assure you that every student always received the attention required.

I am happy to announce that, as of the start of term, Ms Alexis Sauer will be joining us as an assistant teacher in Mrs La Grange's class. Ms Sauer joined us earlier in the year for her teaching practical and covered in the Gr 3 class when Mrs Van As was off. Ms Sauer is in her third year of studies through UNISA for a Bachelor in Education. We are very excited to have her join our staff and be of assistance and a helping hand to Mrs La Grange with the Gr R, Gr 1 and Gr 2 students.

In preparation of the end of the third term I had the privilege of going through all the primary school reports. I am astounded at how resilient all our students are and to read such positive comments after a very trying term. I applaud the teachers, as well as the students, and not forgetting the parents. Half our term was spent online once again and it is so consoling to know that even though we had a rough term, everyone played their part.

As we embark on our last term for 2021, I encourage all our students to put their heads down and soar through this final term. We have made it this far through this year, we can definitely handle anything else the year has to hand us.

Keep strong, stay safe and before we head into our final (and usually busiest) term of the year.



REMEMBER TO SUPPORT THE

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LITERACY INITIATIVE



# PREPARATORY NEWS

## HOW'S THE WEATHER?

Ever wonder how clouds are formed? The Grade R Rundle College students participated in a fun science experiment to better understand the physical changes and reactions that happen as clouds form within the atmosphere with the simple cloud-in-a-jar science experiment.

## TO THE BEAT OF THE DRUM

Six benefits of Music Education for kids:

- Enhanced language capabilities
- Improved memory
- Strengthened hand-eye coordination
- Powerful study habits
- Teamwork
- Mental processing & problem-solving heightened

## MEASURE UP

The Rundle College Grade 5 learners have been learning about The Weather, The Climate and The Vegetation of South Africa. Using set criteria to follow, the students made their own thermometers, which had to include a working scale. The students thoroughly enjoyed the project.

## WALKING WATER SCIENCE EXPERIMENT

The walking water science experiment is a visual way to show children how water is absorbed into the different parts of a plant. Ms Hester La Grange explained to the students how it is absorbed through the roots, and from there it "walks" or moves through various different parts. Using different colours in the water makes the experiment vibrant. The students were mesmerized by the process and how quickly the water was absorbed.



EDUCATION IS THE MOVEMENT FROM DARKNESS TO *light*

- Allan Bloom